

2015 Annual Report



CALDWELL

FAMILY CENTRE FAMILIAL

FOR PEOPLE WITH PEOPLE — POUR LES GENS AVEC LES GENS



CALDWELL FAMILY CENTRE Annual Report 2015



Our Mission

The Mission of the Caldwell Family Centre is to provide services which feed and nurture physical and emotional wellness.

Our Vision

The Vision of the Caldwell Family Centre is a strong, healthy, safe, self-sustaining community where the residents are confident, empowered and independent; where those who have need for food, companionship, housing, education, or knowledge are provided for in a coordinated fashion with dignity and responsiveness.

Hours of Operation:

DAY PROGRAM

Monday to Friday

8:30 - 12:00 and 1:00 - 4:00

ENGLISH LANGUAGE CLASSES

Monday to Thursday

8:30 - 3:00

(613) 724.6052

FOOD BANK

Tuesday to Friday

9:00 - 12:00 and 1:00 - 4:00

(613) 728.1800

TRANSITION DAY CAMP

(July and August)

Monday to Friday 8:30 - 4:30

1100 Medford St, Units 20-22

Ottawa, ON K1Z 8L5

Phone: (613) 728.1800

Simplified Financial Statement

Condensed Sources of Revenue, 2015

• City of Ottawa Grant	\$263,267	48%
• Federal LINC Grant	\$182,878	33%
• Donations/ Fundraising	\$ 92,742	17%
• Other Grants	\$ 18,249	3%
• Interest/Scholarship	\$ 2,115	.3%

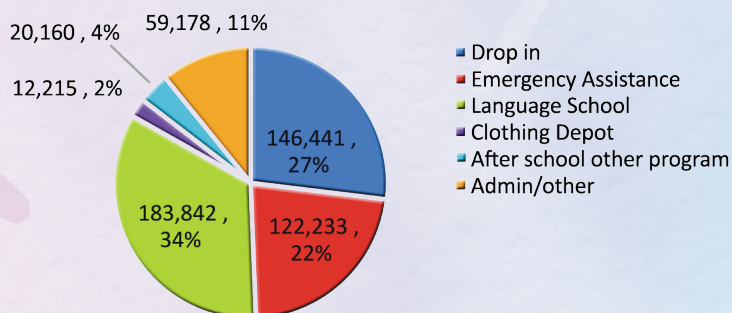
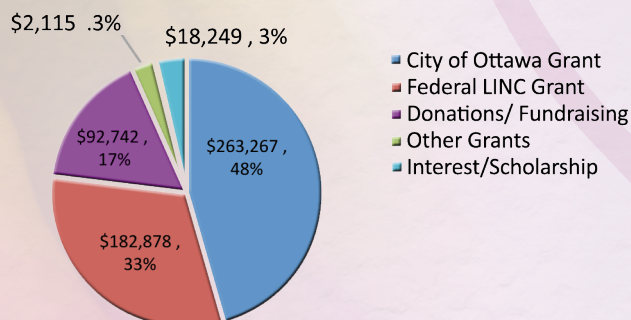
Total Revenue \$559,251

Condensed Expenditures, 2015

• Emergency assistance	\$122,233	22%
• Language program	\$183,842	33.3%
• Clothing Depot	\$ 12,215	2%
• Drop in	\$146,441	27%
• After school and other programs	\$ 20,160	4%
• Admin/other	\$ 59,178	11%

Total Expenditures \$551,869

Expenditures by Program



Excess (deficit) of revenue over expenditures in 2015: \$7,382



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Message From The Board Chair



In 2015, accomplishments in the face of challenges emphasized our ability to provide the critical assistance to our community. The continued success of our programs -- for adults and children -- reflect dedication of our supporters, partners, members and numerous volunteers. It is our staunch belief in what we are doing that motivates everyone.

On behalf of the Board of Directors and staff I would like to thank our past Executive Director David Walsh for his dedication and contribution to the Caldwell Family Centre in the past four years. We wish him continued success in his new endeavours.

The Board sees fundraising and marketing as key to our continued growth. To that end, I am pleased to report that our dedicated volunteers are hard at work. On Monday, October 3rd, we are holding our Fourth Annual Harvest

of Hope Dinner and Auction to increase our visibility and raise funds.

Education can be the cornerstone in leading an independent life. However, it can be difficult to achieve an academic goal without assistance. For the fourth year in a row, the Caldwell Family Centre is offering a \$1000 scholarship to a deserving Grade 12 student who lives in our community and is entering University or College.

Looking ahead to this summer, we will be offering our second summer camp for our community youth. Named Transitions, this camp is available thanks to our partnership with the Children's Village of Ottawa.

As outlined in our strategic plan, the Board is focusing on 4 key Strategic Directions:

- Providing needed services by delivering high quality programs; responding to client and community needs
- Focusing on "People" and empowering our staff and volunteers
- Making the best use of the limited space in our Centre (thank you to Ottawa Community Housing)
- Ensuring financial resources will continue to be available

Optimism and enthusiasm are our guiding words. The tasks ahead of us are demanding but as we have proven in the past, together, anything is possible. Sincerest thanks for your help, dedication and support.

Cordially, Yolaine Münter

M.A. B.Ed. Chair, Caldwell Family Centre Board of Directors

HARVEST OF HOPE

Banquet and Auction Supporting CFC Food Bank

In 2015, the auction raised over \$20,000 towards programs!

CALDWELL FAMILY CENTRE 4th Annual HARVEST OF HOPE

Dinner and Charity Auction

Monday, October 3, 2016 5:30 pm

Chances R, College Square 1365 Woodroffe Avenue.



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Program Highlights

Emergency Food Program

The Food Bank is open four days a week and provides hampers, containing enough food for three days, to people in need. Last year we provided hampers to 17,418 people in the community. Families and individuals are able to access emergency food twice a month.

Baby Cupboard

The Baby Cupboard can be accessed twice monthly, Mondays, Thursdays and Fridays, 1:00 - 3:00 pm for the following supplies: diapers, baby food/cereal and infant formula.



English Language Program

The Language Program assisted 62 new students and 37 continuing students, in developing and strengthening their English language skills. Guest visits included staff from Carlington Community Health Centre, Ottawa Police, Centretown Community Health Centre, Ottawa Humane Society, Ottawa Public Library and settlement support was offered in partnership with Jewish Family Services and Carlington Community Health Centre.

Income Tax Clinics

Clinics were held on Feb. 26, March 11 and April 1st. Fifty-Eight clients were served and six Revenue Canada volunteers participated.

After School Program

The United Way of Ottawa-Carleton provided additional funding and enabled the hiring of more qualified staff, equipment and supplies.

Currently, 22 children are enrolled, 20 who have French as a first language. Activities include homework assistance, cooperative games and outdoor gross motor activities.

Day Program

The Day Program (Thelma's Place) is open Monday to Friday and can be accessed daily, as needed. Visits in 2015 totalled 25,496. Through the Day Program, people who use the drop in centre are able to gain access to food, computers (including internet access), socialization opportunities, special activities and a variety of outreach services from other agencies.

Benefits also include free breakfast daily (coffee/tea/juice/toast), afternoon snacks and monthly 'special' breakfasts.

Transitions Summer Camp

The Transitions Camp will be back again this summer from July 4 - August 26, 2014 and will expand to include a Junior Program, for children aged 5 - 7 years of age, as well as the Senior Program for 8 - 12 year olds. Families must be eligible for a City of Ottawa subsidy in order to apply.

Staffing for the camp is provided by the Children's Village of Ottawa-Carleton and space, outreach and food is provided by the Caldwell Family Centre.

Scholarship Program

Each year, one lucky hard-working student can win a \$1000 Caldwell Family Centre Scholarship towards their post-secondary education!

Other

Weekly drop-in and cooking classes were provided at our Senior's Centre. Other programs and services provided were Christmas Hamper Program, Toy Mountain, ESL Sewing Classes, Homework Help Club and Backpack Program. The Welcome Project provides information on resources to new members of the community and includes "Clothing Depot Dollars."



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Caldwell Family Centre Board of Directors

Chair: Yolaine Münter
Secretary: Eileen McGregor
Directors: Michael Van Dusen, Birgit Nielsen, Renée Stewart and Kevin Williams
Vice Chair: Diane O’Gorman
Treasurer: Patrick Girard

FOR PEOPLE - WITH PEOPLE



Helen Synek, winner of 2015 Mayor’s City Builder Award, for 30 years of service!

Our Community Partners

The Caldwell Family Centre is grateful for the support of:

Carlington Community Chaplaincy
Carlington Community Health Centre
Children’s Village of Ottawa
City of Ottawa Parks and Recreation
City of Ottawa Public Health Department
Coalition of Day Programs
Community Foundation of Ottawa
Jewish Family Services
Ottawa Food Bank
Ottawa Catholic School Board
Ottawa Coalition of Community Houses
Ottawa Community Housing Corporation
Ottawa Police Service
The Salvation Army
United Way of Ottawa

Contact Caldwell Family Centre:

1100 Medford St, Units 20-22
Ottawa, ON K1Z 8L5
Phone: (613) 728.1800

Group and Organizational Sponsors

The Caldwell Family Centre is grateful for the support of:

Agudath Isreal Congregation
Bromley Road Baptist Church
Calvin Christian Reformed Church
City View United Church
Faith Evangelical Lutheran Church
Filles de la Sagesse Canada
Paroisse Catholique St-Bonaventure
Roman Catholic Episcopal Corporation
Soeurs de la Charité d’Ottawa
Soeurs de l’Institute Jean D’Arc
Soeurs du Sacré Coeur de Jésus
St. Augustine Parish
St. Elizabeth Parish
St. Leonard Parish
St. Richard’s Anglican Church
St. Vincent de Paul Society – St. Maurice Parish
Trinity United Church Outreach Committee
True North Avionics, INC
W. E. Gowling Public School



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Program Feature - Clothing Depot



Since 2014, clothing and small household items have been sold at deeply reduced prices in the heart of the Caldwell community. The Clothing Depot has been a huge success with regular visitors including community residents, LINC and ESL students. The Depot has added staff and volunteers in response to increased demand for the service!

Operational hours have recently expanded from Thursdays & Fridays 9 am - 2 pm to include Saturday mornings, 9-noon, for the convenience of working families.

The Clothing Depot offers community residents, very affordable prices on all sizes of clothing and small household items. For example, a long-sleeved shirt costs \$1.00, a pair of pants costs \$1.00 and a t-shirt costs \$.50!



Congratulations to Dat Le, the 2015 \$1000 Caldwell Family Centre Scholarship Winner!



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1100 Medford St, Units 20-22 Ottawa, ON K1Z 8L5
Phone: 613.728.1800 E-mail: cfcmedot@bellnet.ca
caldwellfamilycentre.ca



WIN a \$1,000. Caldwell Family Centre Scholarship for College or University, Next Year!



EMAIL THE FOLLOWING ON OR BEFORE April 29, 2016

- A copy of your most recent report card or transcript
- A one-page typed essay stating:
why you deserve this scholarship, your plans for the future, the program of study you have been accepted into, how you have demonstrated good citizenship (e.g. community volunteer work), your plans and interest in helping your community
- A written letter of recommendation from a teacher at your current school

ELIGIBILITY CRITERIA

- You must live in the catchment area (see map)
- You must be registered for the FIRST time in a full-time university undergraduate program or college program in Ottawa
- Demonstrate financial need and academic excellence (80% average or higher on most recent report card)
- Demonstrate good leadership and commitment to helping others



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CALDWELLFAMILYCENTRE.CA

ARE YOU LEAVING GRADE 12 FOR POST-SECONDARY EDUCATION?
DO YOU LIVE HERE? DO YOU GIVE BACK TO YOUR COMMUNITY?
APPLY FOR THE CALDWELL FAMILY CENTRE SCHOLARSHIP!

WIN a \$1,000.00 Caldwell Family Centre Scholarship for College or University, next year!
Visit our website or contact us to find out more.

Phone: (613) 728.1800

E-mail: cfcmedot@bellnet.ca

