SPONSORS

City of Ottawa Gov. of Canada United Way

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Ottawa Community
Housing

Ottawa Food Bank The Oaks

Ottawa Police Service Jewish Family Services

Carlington Community Health Centre

The Stronghold OCISO

The Ottawa Citizen Metro News

Community Houses
Day Programs

Annual Report 2011

Caldwell Family Centre

Dear Members and Friends:

Our motto "For people—with people" definitely reflects our efforts over the past year. Our success at the Caldwell Family Centre is, without doubt, due to hard work...the hard work of sponsors, members, staff, amazing number of volunteers, management and our colleagues on the Board. Thank you for your dedication and support.

2011 marked an increased focus on maximizing our resources. Planning sessions with their constructive exchange of knowledge and viewpoints have provided a solid foundation for the Board, management and staff to better understand the community needs and create programs that would best address them.

Ours is a governing board. We have struck three committees (fundraising and marketing, policies and finance committee) with new policies and procedures.

The result is a more efficient and effective operation. The new programs, Operation Restore, French and English media coverage, to mention only a few, reflect a greater awareness of our community.

It is your support that has given rise to a dynamic organization that provides much-needed help in the Caldwell community. Your continued support in the future will help us meet our collective "For people—with people" mission. We look forward to a successful future together. Thankfully yours,

Yolaine Munter, President

Hours of Operation:

Monday - Friday 8:30 am -12 pm lpm- 4 pm

Telephone: 613-728-1800

www.caldwellfamilycentre.ca



The Caldwell Family Centre

"A caring and supportive environment in which people are accepted"

Sr. Thelma Marion

Programs and Services

Day Program: Breakfast, coffee, snacks, informal conversation.

Activities: Workshops, computer access, games and referrals to community agencies and homework club.

Food Bank: Emergency assistance twice per month.

Outreach Support: Social workers, settlement workers, crisis counsellors and mental health professionals.

ESL Sewing: Monday to Friday.

LINC and **ESL**: Classes for newcomers, Monday to Thursday. On-site child care provided to LINC students.

Board of Directors
Yolaine Munter
Jean Meldrum
Hubert McKinley
Valerie Mullen
Lorena Morris
Diane O'Gorman
Barb O'Reilly
Eileen McGregor

Michael Van Dusen

Mission Statement

To encourage participants to feel

a sense of community and be-

longing, to empower people by

building confidence and self-

esteem, and to enable people to

develop further.

Highlights of the Year

2011 saw the successful expansion of programs and services at the Caldwell Family Centre as we continue our commitment to meet the increasing challenges our community faces.

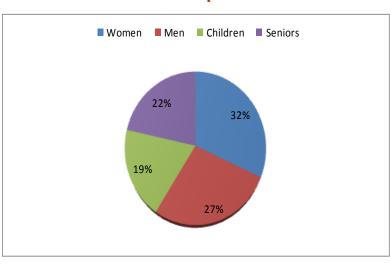
Seniors' Centre and Seniors' Programming: January 2011 marked the opening of our new Seniors' Centre at 1485 Caldwell Ave. The facility has a full kitchen, bathroom and a meeting area. This space enables the CFC to provide a wider spectrum of programming including a community kitchen, Men Can Cook group, senior's dropins and senior's chair exercise.

Financial Literacy: A generous grant from Sun Life Financial continues to support our personal counseling in financial literacy, as well as a series of workshops in partnership with K3C Credit Counseling.

Media Attention: We are delighted with the media attention that the CFC has received over the last year including numerous articles in the newspaper and various television broadcasts.

Operation Restore: Focused on engaging community understanding and awareness through increased familiarity with the Ottawa Police Service. On a regular basis the OPS volunteered at the CFC.

CFC Food Bank Recipients for 2011



Board of Directors

In 2011 the Board of Directors participated in a governance session that support the following goals:

Expand and Enhance Programming

Strengthen and Enhance Communications

Expand and Strengthen Resources

Thank You!

For People With People



The CFC wants to thank the individuals, faith groups, community partners, government and corporate supporters that make our work at the Centre possible!

We also want to take this opportunity to

thank our dedicated volunteers who enhance our presence in the community and make it possible to do much more than we ever could on our own.

In 2011 our volunteers assisted in the food bank, which served over 28,000 people, prepared over 500 income tax

returns, and prepared and distributed 850 Christmas hampers. Without their generosity the breadth of support CFC provides would not be possible!

Best wishes,

Im Devoe, MBA

Executive Director