

# CALDWELL FAMILY CENTRE

## 2014 Annual Report



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## Message From The Board Chair



Another eventful year has gone by with its challenges and successes. In each case, our Board and staff led by Executive Director David Walsh have moved forward with the much-needed services that strengthen our community. Our programs reflect the help and dedication of our supporters, partners, members and numerous volunteers. It is the staunch belief in what we are doing that motivates everyone.

The Board sees fundraising and marketing as key to our growth. To that end, I am pleased to report that we have successfully recruited several volunteers with considerable experience in both fields. On Monday, October 5th, we are holding our Third Annual Harvest of Hope Dinner and Auction to increase our visibility and raise funds.

Education can be the cornerstone in leading an independent life. However, it can be difficult to achieve an academic goal without assistance. For the third year in a row, CFC is offering a \$1000 scholarship to a deserving Grade 12 student living in our community and entering University or College. As in the past two years, we are confident that the scholarship winner will be an excellent representative of the Caldwell community.

This year also marks the first summer camp for our community youth. Named Transitions, this camp is available thanks to our partnership with the Children's Village of Ottawa.

Having completed our strategic plan for the next three years, the Board is focusing on:

- building on our strengths,
- increasing our Centre's visibility,
- assuring that resources will continue to be available and
- enabling us to provide adequately for the ever-increasing needs of our community.

Optimism and enthusiasm are our guiding words. The tasks ahead of us are demanding but as we have proven in the past, together, anything is possible.

Cordially, Yolaine Münter

A handwritten signature in black ink, appearing to read 'Yolaine Münter', written over a horizontal line.

M.A. B.Ed. Chair, Caldwell Family Centre Board of Directors

### **HARVEST OF HOPE** Banquet and Auction Supporting CFC Food Bank

In 2014 we held our second annual Dinner and Charity Auction raising \$13,000 toward programs.

Plans are well under way for the third annual HARVEST OF HOPE,  
Monday, October 5, 2015 5:30 pm  
at Chances R, College Square 1365 Woodroffe Avenue.





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## Message From the Executive Director



Reflecting on the past year, I am proud of the progress we have made and the direction we are headed in. 2014 has been a busy year, with a tremendous amount of work by our staff, Board and volunteers. One highlight came last June when Caldwell Family Centre hosted a family fun celebration to mark 30 years of serving this community. Everyone came together to enjoy activities on a beautiful day and to mark a significant point in our history.

We are working with all of our agency partners to continually improve: with the Ottawa Food Bank we are improving advocacy and client confidentiality by updating the way we capture food bank usage; with our partners at the City of Ottawa we are working to improve how we measure the impact we have in the community; with Ottawa Community Housing (OCH) we are working to better inform new residents to this area of all local services. We have also formed a new partnership with OCH to provide reliable and professional service at The Clothing Depot, where quality clothing and household items are available at deeply reduced prices.

In a partnership with the Children's Village of Ottawa-Carlton we are very excited to bring new summer day camp placement opportunities to children in the Caldwell area. This program will offer two week placements for up to 40 children in the summer of 2015.

I would like to take this opportunity to thank the dedicated staff and board of directors for all of your tireless work on behalf of our clients. My thanks also go to the many community agencies and individuals who donate or volunteer their time to make sure that we are providing as much help as possible. Caldwell Family Centre remains a dynamic and responsive organization that is committed to serving the people with compassion and respect.

David Walsh B.A., B.Ed.

Executive Director

## Caldwell Family Centre Board of Directors

<b>Chair:</b>	Yolaine Münter	<b>Vice Chair:</b>	Jean Meldrum
<b>Secretary:</b>	Eileen McGregor	<b>Treasurer:</b>	Patrick Girard
<b>Directors:</b>	Valerie Mullen, Diane O'Gorman, Michael Van Dusen, Birgit Nielsen, Renée Stewart		



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## Our Community Partners

The Caldwell Family Centre takes pride in working closely with the following community partners:

Carlington Community Chaplaincy  
 Carlington Community Health Centre  
 Children's Village of Ottawa  
 City of Ottawa Parks and Recreation  
 City of Ottawa Public Health Department  
 Coalition of Day Programs  
 Community Foundation of Ottawa  
 Jewish Family Services  
 Ottawa Food Bank  
 Ottawa Catholic School Board  
 Ottawa Coalition of Community Houses  
 Ottawa Community Housing Corporation  
 Ottawa Police Service  
 The Salvation Army  
 United Way of Ottawa

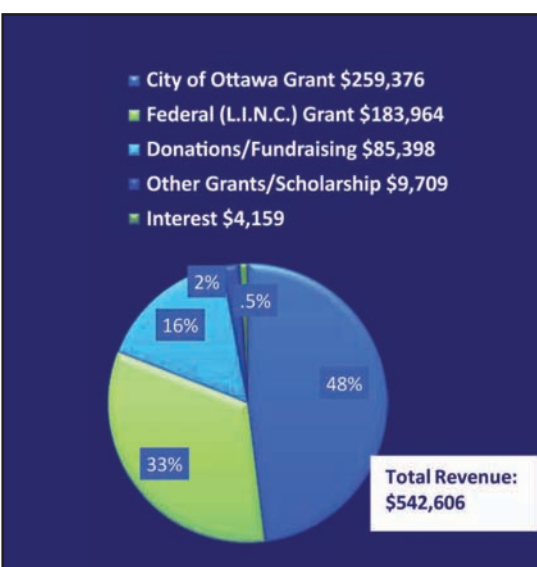
## Group and Organizational Sponsors

The Caldwell Family Centre is grateful for the support of:

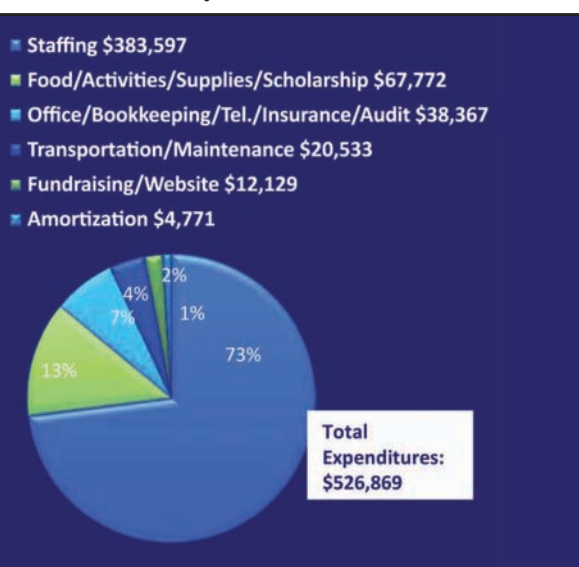
Bromley Road Baptist Church  
 Calvin Christian Reformed Church  
 City View United Church  
 Faith Evangelical Lutheran Church  
 Filles de la Sagesse Canada  
 Paroisse Catholique St-Bonaventure  
 Roman Catholic Episcopal Corporation  
 Soeurs de la Charité d'Ottawa  
 Soeurs de l'Institute Jean D'Arc  
 Soeurs du Sacré Coeur de Jésus  
 St. Augustine Parish  
 St. Elizabeth Parish  
 St. Leonard Parish  
 St. Richard's Anglican Church  
 St. Vincent de Paul Society – St. Maurice Parish  
 Trinity United Church Outreach Committee  
 True North Avionics, INC  
 W. E. Gowling Public School

## Simplified Financial Statement

Condensed Sources of Revenue, 2014



Condensed Expenditures, 2014



Excess (deficit) of revenue over expenditures in 2014: \$15,737



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## Program Highlights

### Emergency Food Program

The CFC Food Bank is open four days a week and provides hampers, containing enough food for three days, to people in need. Last year we provided 18,819 hampers, which represents a slight increase compared to 2013. One in three people served were children.

### Day Program

The CFC Day Program (Thelma's Place) is open Monday to Friday and received 27,266 visits in 2014, up slightly from the previous year. Through the Day Program, people who use the drop in centre to gain access to food, computers and the internet, socialization, special activities and a variety of outreach services from other agencies.

### English Language School/Child-Minding

This past year, the Language Program operated at full capacity. The majority of students were female refugees, between the ages of 25-44 with 0-9 years of schooling. The Care for Newcomer Children Program has now incorporated monthly Parent Chats and developmental screening for all children.

## Our Mission

The Mission of the Caldwell Family Centre is to provide services which feed and nurture physical and emotional wellness.

## Our Vision

The Vision of the Caldwell Family Centre is a strong, healthy, safe, self-sustaining community where the residents are confident, empowered and independent; where those who have need for food, companionship, housing, education, or knowledge are provided for in a coordinated fashion with dignity and responsiveness.

### Other

New in 2014 we are now also providing clothing and small household items at deeply reduced prices at the Clothing Depot. Weekly drop-in and cooking classes are provided at our Senior's Centre. Other programs and services provided are: Christmas Hamper Program, Toy Mountain, ESL Sewing Classes, Homework Help Club and tax preparation clinics. 🌸



## Hours of Operation:

### DAY PROGRAM

Monday to Friday  
8:30 - 12:00 and 1:00 - 4:00

### FOOD BANK

Tuesday to Friday  
9:00 - 12:00 and 1:00 - 4:00  
(613) 728.1800

### ENGLISH LANGUAGE SCHOOL

Monday to Thursday  
8:30 - 3:00  
(613) 724.6052

### TRANSITION DAY CAMP

(July and August)  
830- 430 Monday to Friday.

**1100 Medford St, Units 20-22**

**Ottawa, ON K1Z 8L5**

**Phone: (613) 728.1800**

**E-mail: [dwalsh.caldwellcentre@rogers.com](mailto:dwalsh.caldwellcentre@rogers.com)**





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## Transition Day Camp

With numerous organizations responding to the needs of low-income families and newcomers to Canada, we recognize that the spirit of cooperation between groups will benefit everyone, especially our constituents. Nineteen years ago, the Children's Village of Ottawa-Carleton developed an innovative program called **Transitions**, a summer camp with a difference for children between the ages of 8 to 12. This summer, the Caldwell Family Centre will be combining resources with the "Village" to offer Transitions in our community.

**Transitions** is unique in its objectives. It prepares children for the 'transition' from dependence to independence by teaching the skills needed to make a successful life change.

It provides campers with the opportunity to:

- develop self-confidence, independence and responsibility.
- develop healthy co-operative social and working relationships with other children and adults.
- learn time and money management.
- make decisions, plan, and organize all aspects of desired activities.
- explore and utilize the resources within their own community and to be healthy members of the community.

In its small-group format, the children are encouraged to be the Boss. Campers receive a small weekly allowance and bus tickets for outings they organize and plan themselves. Under the guidance of a qualified counsellor, they manage all aspects of the program. The end result is a sense of empowerment, faith in their abilities, and lots of recreational fun.

Since 1854, the Village has been the originator in many progressive programs throughout the childcare community.

Transitions is one of its most successful. The program now operates 15 sites in public housing projects, low-income communities, or in middle-income communities throughout Ottawa-Carleton. Each site program is modified to meet the needs of their community children, with subsidies and financial aid available to those in need.

The Caldwell Family Centre is extremely pleased to offer this exceptional summer camp in conjunction with the Village. We are convinced that this partnership will result in positive changes for the children of our area. 🌸



The poster features a green and yellow color scheme. At the top, there is a banner with a graduation cap, the Caldwell Family Centre logo (a circular seal with the text 'FOR PEOPLE - WITH PEOPLE' and 'Caldwell Family Centre'), and a stack of books. Below the banner, the text reads: 'WIN a \$1,000. Caldwell Family Centre Scholarship for College or University, next year!'. This is followed by a deadline: 'EMAIL THE FOLLOWING ON OR BEFORE April 30, 2015'. A list of requirements includes: 'A copy of your most recent report card or transcript', 'A one-page typed essay stating: why you deserve this scholarship, your plans for the future, the program of study you have been accepted into, how you have demonstrated good citizenship (e.g. community volunteer work), your plans and interest in helping your community', and 'A written letter of recommendation from a teacher at your current school'. Below this is a section titled 'ELIGIBILITY CRITERIA' with requirements: 'You must live in the catchment area (see map)', 'You must be registered for the FIRST time in a full-time university undergraduate program or college program in Ottawa', 'Demonstrate financial need and academic excellence (80% average or higher on most recent report card)', and 'Demonstrate good leadership and commitment to helping others'. A map of the catchment area is shown on the right. At the bottom, there are silhouettes of children jumping. The text 'ARE YOU LEAVING GRADE 12 FOR POST-SECONDARY EDUCATION? DO YOU LIVE HERE? DO YOU GIVE BACK TO YOUR COMMUNITY? APPLY FOR THE CALDWELL FAMILY CENTRE SCHOLARSHIP!' is written in a stylized font. Contact information at the bottom includes: '1100 Medford St, Units 20-22 Ottawa, ON K1Z 8L5', 'Phone: 613/728.1800', 'Email: dwalsh.caldwellcentre@rogers.com', and 'www.caldwellfamilycentre.ca'.

WIN a \$1,000.00 Caldwell Family Centre Scholarship for College or University, next year! Visit our website or contact us to find out more.

**Phone: (613) 728.1800**

**E-mail: [dwalsh.caldwellcentre@rogers.com](mailto:dwalsh.caldwellcentre@rogers.com)**

